



Wisconsin School for the Deaf

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2015 ELEMENTARY SPORTS CAMP NEWSLETTER



Monday: Our campers were bright eyed and ready for activity. We began the morning with warm up exercises using the floor ladder. This helps improve footwork and balance. Basketball passing, dribbling and shooting skills were practiced in the morning which culminated in the camper's new favorite game. The red/ blue shooting competition has two teams shooting from different spots in the key. When a player sinks their shot, they win their red/ blue dot. After lunch, the group walked to the Delavan Mill Pond for a swim. They also enjoyed playing on the water slide, balance float, and playing in the beach.



FUN



Wednesday - We played volleyball! We practiced our skills: bumping, setting and serving. Then we played games. We used a beach ball instead of a standard ball. It was a blast! We also played our favorite "Red and Blue" basketball game. We ended the day at the beach.



Tuesday -The Campers practiced baseball skills such as throwing, catching, fielding and batting. We used a wiffle ball and plastic bats. After lunch, we went to the beach where we played in the sand and water to our hearts' content. We enjoyed "baseball" day!.



Thursday: We had a special guest coach today for soccer. Matthew Eby taught us soccer drills such as ball handling, passing and stopping the ball. We adapted our favorite red and blue game to soccer and had to make goals. After lunch we asked to rest before heading back to the beach for more sand and water fun!



Friday: We had another beautiful day at Sports camp. In the morning we played various of relay games. After lunch we played other activities before heading to dorm for a short rest. We hope everyone enjoyed sports camp and we hope to see you next year!



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